



Spring 2024

Head to Heart Online - Thursday Class Schedule (7 PM EST & PST)		
Date	Module	Session - Title
-	Module 1: The Hierarchy of the Heart	Session 0 - Introduction
18-Jan		Session 1 - The Hierarchy of the Heart
25-Jan	Module 2: Identifying Our False Beliefs	Session 2 - Through Adam's Eyes
1-Feb		Session 3 - Through the Eyes of the Families of Genesis
8-Feb	Lunar New Year Break	
15-Feb	Module 2: Identifying Our False Beliefs	Session 4 - Through the Eyes of Our Family
22-Feb	Module 3: The New Family	Session 5 - The Father's Love
29-Feb		Session 6 - The Son's Love
7-Mar		Session 7 - Seeing the Trinity
14-Mar		Session 8 - The Father's View of the Cross
21-Mar		Session 9 - The Cross & Our Conscience
28-Mar	Easter Break	
4-Apr	Module 3: The New Family	Session 10 - The Holy Spirit & Us
11-Apr		Session 11 - Faith Opens Our Eyes to the Unseen World
18-Apr	Module 4: Your Identity	Session 12 - Our New Identity - The Father's Perspective
25-Apr		Session 13 - Our Union With Christ is Our Identity
2-May	Module 5: Understanding Your Emotions	Session 14 - Our New Family & Our Emotions
9-May		Session 15 - Learning the Language of the Spirit
16-May		Session 16 - Pain & Addiction
23-May	Module 6: Healthy Relationships	Session 17 - Living in the Presence of the Trinity
30-May		Session 18 - Living in the Light
6-Jun		Session 19 - Ineffective & Unhealthy Communication
13-Jun		Session 20 - Healthy Communication
20-Jun		Session 21 - Our Participation in Christ's Mission
27-Jun	Module 1: The Hierarchy of the Heart	Session 22 - Celebration!